

Knitting and Mindfulness for Trauma Recovery

Global Roles, Median Salaries and Top Hiring Markets

Source: LinkedIn Economic Graph, Glassdoor (Global), Indeed Hiring Lab (2026)

Role | Median Salary (USD) | 5-Yr Growth | Top Hiring Markets

Mindfulness Coach | \$65,000 | +12% | United States, European Union, Australia

Trauma Recovery Specialist | \$75,000 | +15% | United Kingdom, Canada, Singapore

Wellness Program Manager | \$80,000 | +10% | United States, Germany, India

Mental Health Therapist | \$70,000 | +18% | European Union, United Kingdom, Japan

Yoga and Mindfulness Instructor | \$60,000 | +20% | Australia, United States, UAE