
Mindful Knitting for Stress Relief

Top Global Roles Unlocked by Mindful Knitting for Stress Relief

Share of global live vacancies — Source: LinkedIn Economic Graph, Glassdoor (Global), Indeed Hiring Lab (2026)

Wellness Coach: 25

Stress Management Therapist: 20

Mindful Yoga Instructor: 18

Holistic Health Practitioner: 17

Mental Health Specialist: 20