

Global Certificate in Lifeguard Training (Advanced)

# Lifeguarding Principles



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mindmap
  root((Lifeguarding Principles))
    Water Physics
      Fluid Dynamics
      Buoyancy
    Rescue Techniques
      Simultaneous Rescue
      Reach Throw
    Risk Assessment
      Hazard Identification
      Incident Reporting
    Lifeguard Skills
      Leadership
      Communication
  
```