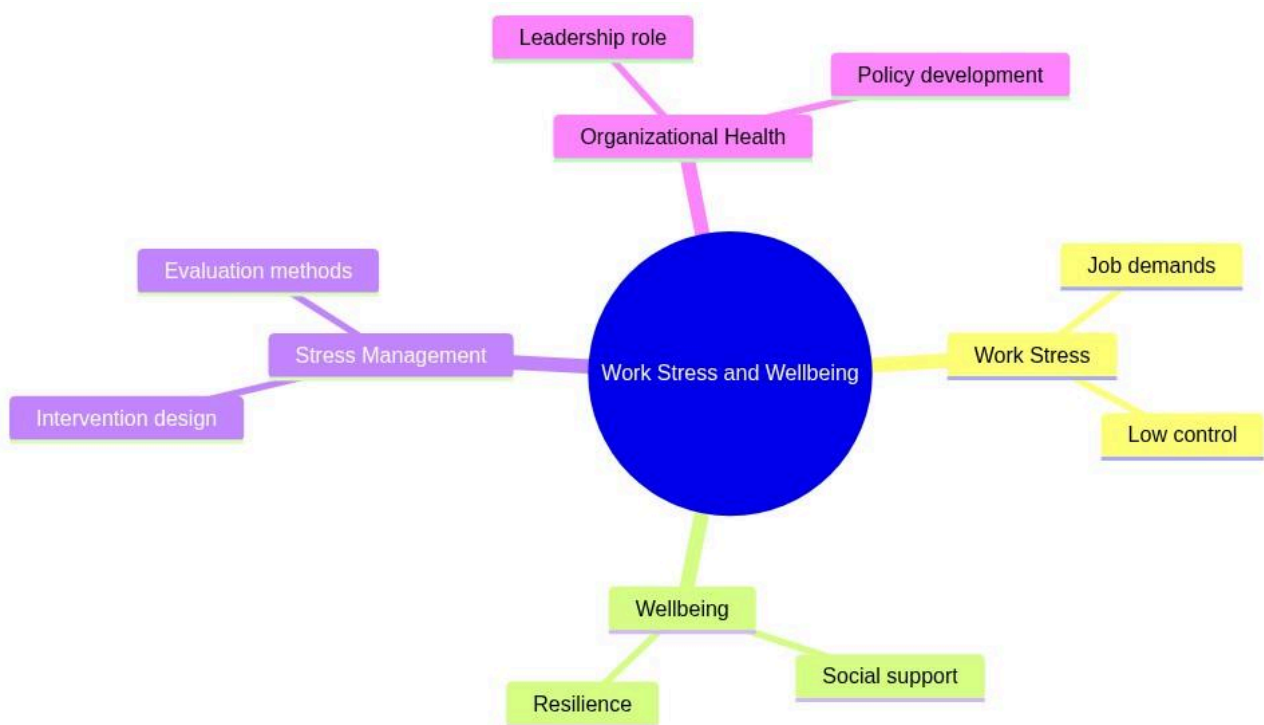


Certificate in Occupational Health Psychology

Work Stress and Wellbeing



```

mindmap
    root((Work Stress and Wellbeing))
        Work Stress
            Job demands
            Low control
        Wellbeing
            Social support
            Resilience
        Stress Management
            Intervention design
            Evaluation methods
        Organizational Health
            Leadership role
            Policy development
    
```