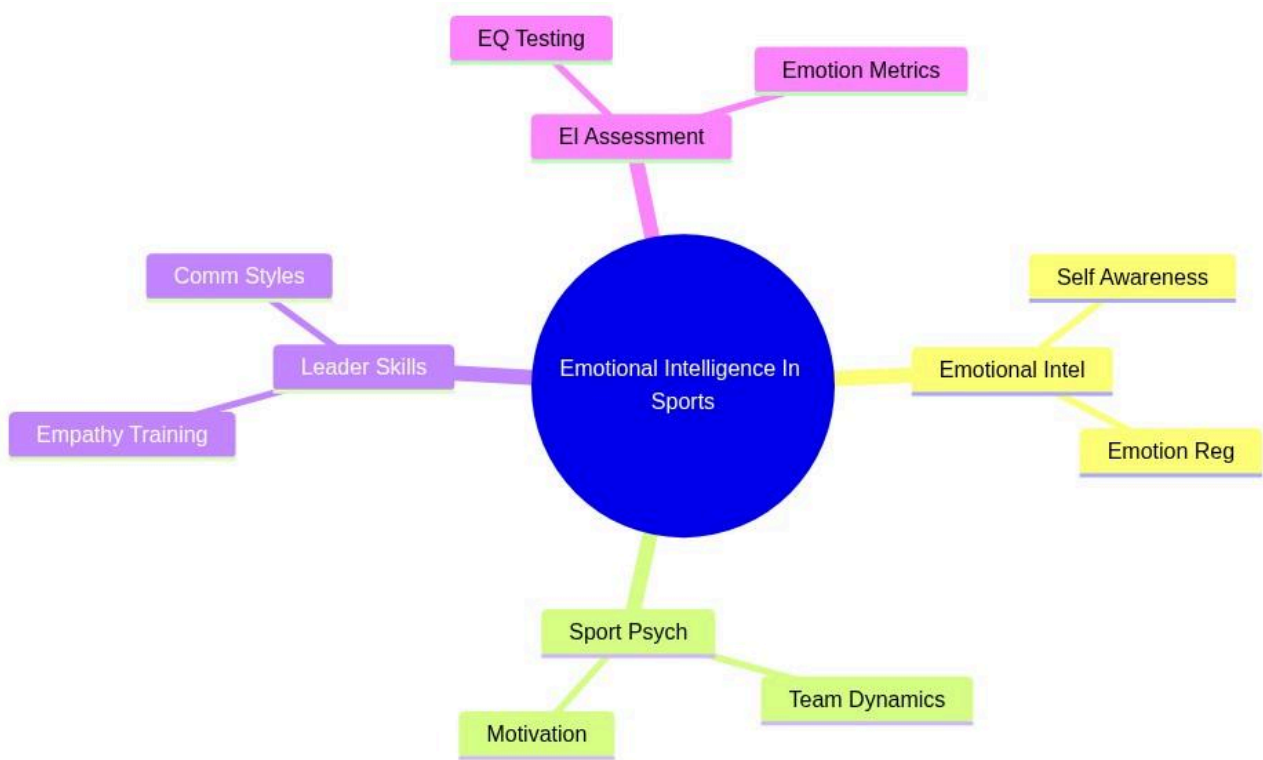


Postgraduate Certificate in Technical Leadership and Sports Psychology

# Emotional Intelligence In Sports



```

mindmap
    root((Emotional Intelligence In Sports))
        Emotional Intel
            Self Awareness
            Emotion Reg
        Sport Psych
            Team Dynamics
            Motivation
        Leader Skills
            Empathy Training
            Comm Styles
        EI Assessment
            EQ Testing
            Emotion Metrics
    
```