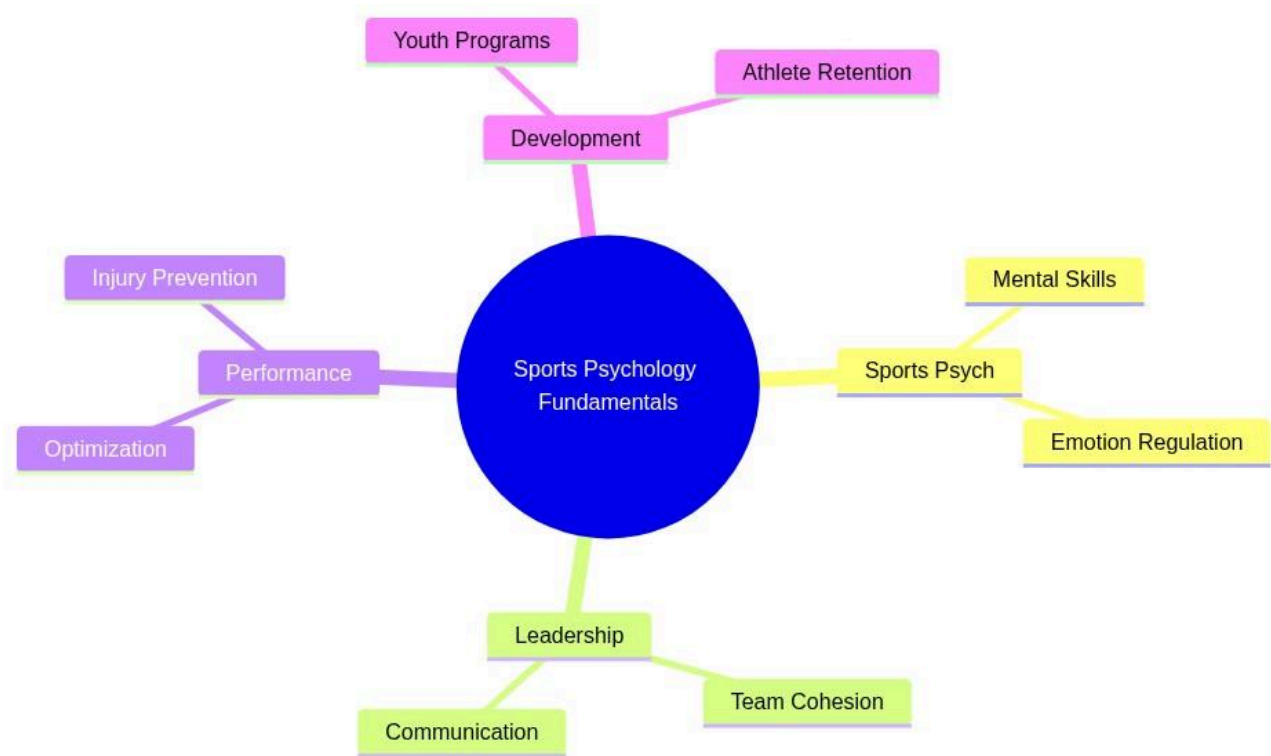


Postgraduate Certificate in Technical Leadership and Sports Psychology

Sports Psychology Fundamentals



mindmap

```

    root((Sports Psychology Fundamentals))
      Sports Psych
        Mental Skills
        Emotion Regulation
      Leadership
        Team Cohesion
        Communication
      Performance
        Optimization
        Injury Prevention
      Development
        Youth Programs
        Athlete Retention
  
```