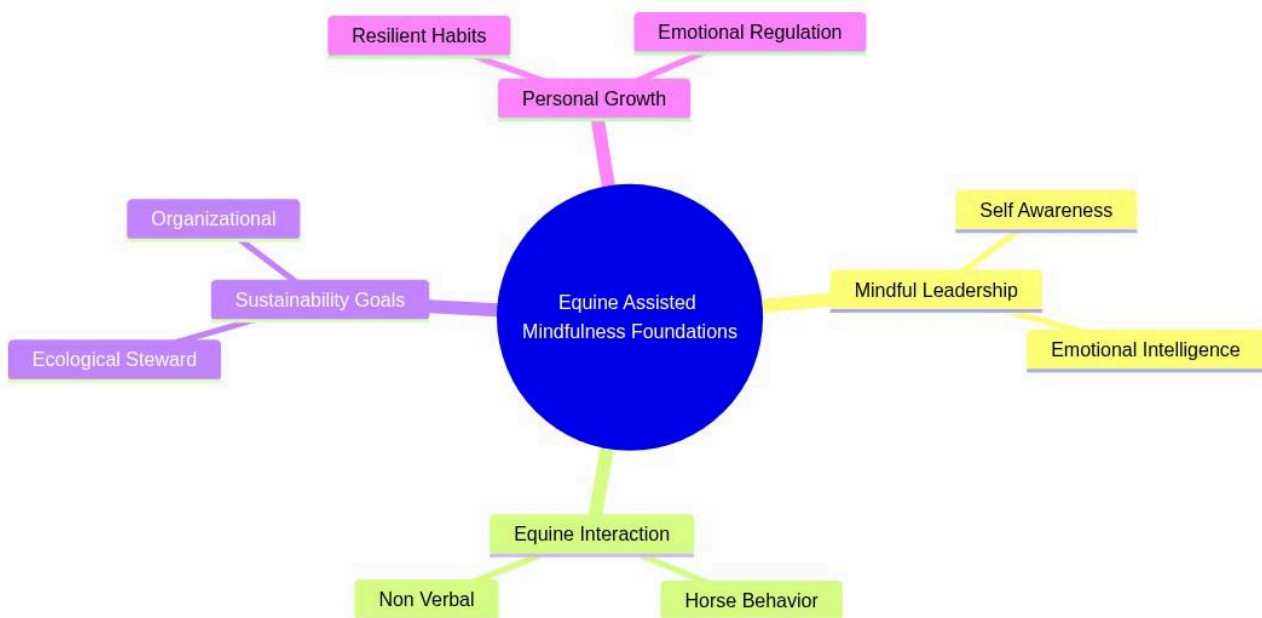


Executive Certificate in Sustainable Equine Assisted Mindfulness

# Equine Assisted Mindfulness Foundations



mindmap

```

    root((Equine Assisted Mindfulness Foundations))
      Mindful Leadership
        Self Awareness
        Emotional Intelligence
      Equine Interaction
        Horse Behavior
        Non Verbal
      Sustainability Goals
        Ecological Steward
        Organizational
      Personal Growth
        Resilient Habits
        Emotional Regulation
  
```