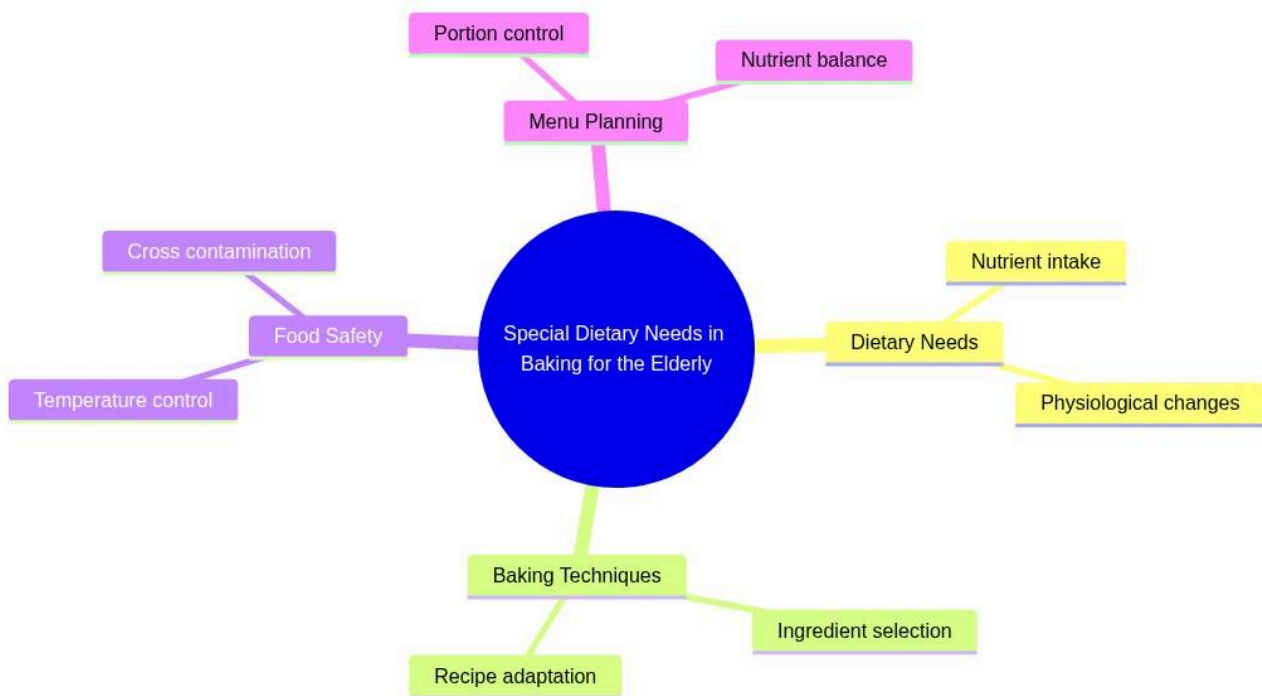


Masterclass Certificate in Baking for the Elderly

# Special Dietary Needs in Baking for the Elderly



mindmap

root((Special Dietary Needs in Baking for the Elderly))

Dietary Needs

Nutrient intake

Physiological changes

Baking Techniques

Ingredient selection

Recipe adaptation

Food Safety

Temperature control

Cross contamination

Menu Planning

Portion control

Nutrient balance