

Professional Certificate in Mobility Exercises for Aging Adults

Safety and Risk Management for Aging Adults



mindmap

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    root((Safety and Risk Management for Aging Adults))
      Risk Management
        Fall Prevention
        Safety Protocols
      Mobility Exercises
        Balance Training
        Flexibility
      Aging Adults
        Physiological Changes
        Cognitive Decline
      Safety Measures
        Environmental Hazards
        Assistive Devices
  
```