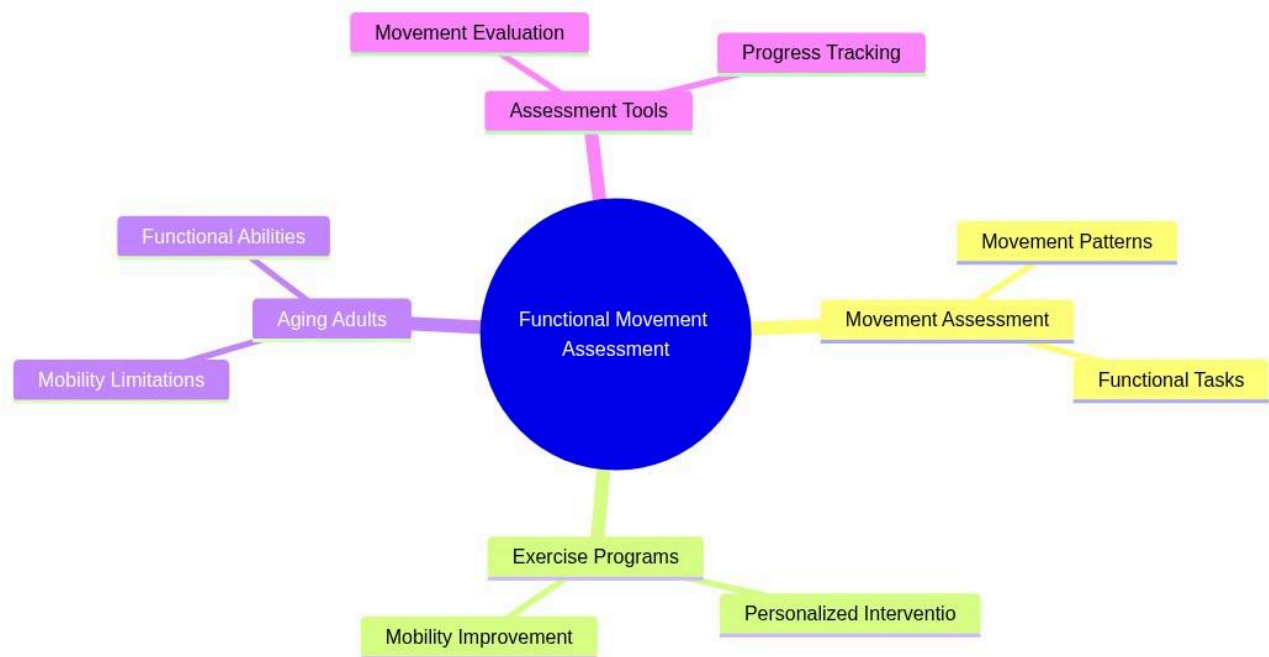


Professional Certificate in Mobility Exercises for Aging Adults

Functional Movement Assessment



```
mindmap
  root((Functional Movement Assessment))
    Movement Assessment
      Movement Patterns
      Functional Tasks
    Exercise Programs
      Personalized Interventio
      Mobility Improvement
    Aging Adults
      Mobility Limitations
      Functional Abilities
    Assessment Tools
      Movement Evaluation
      Progress Tracking
```