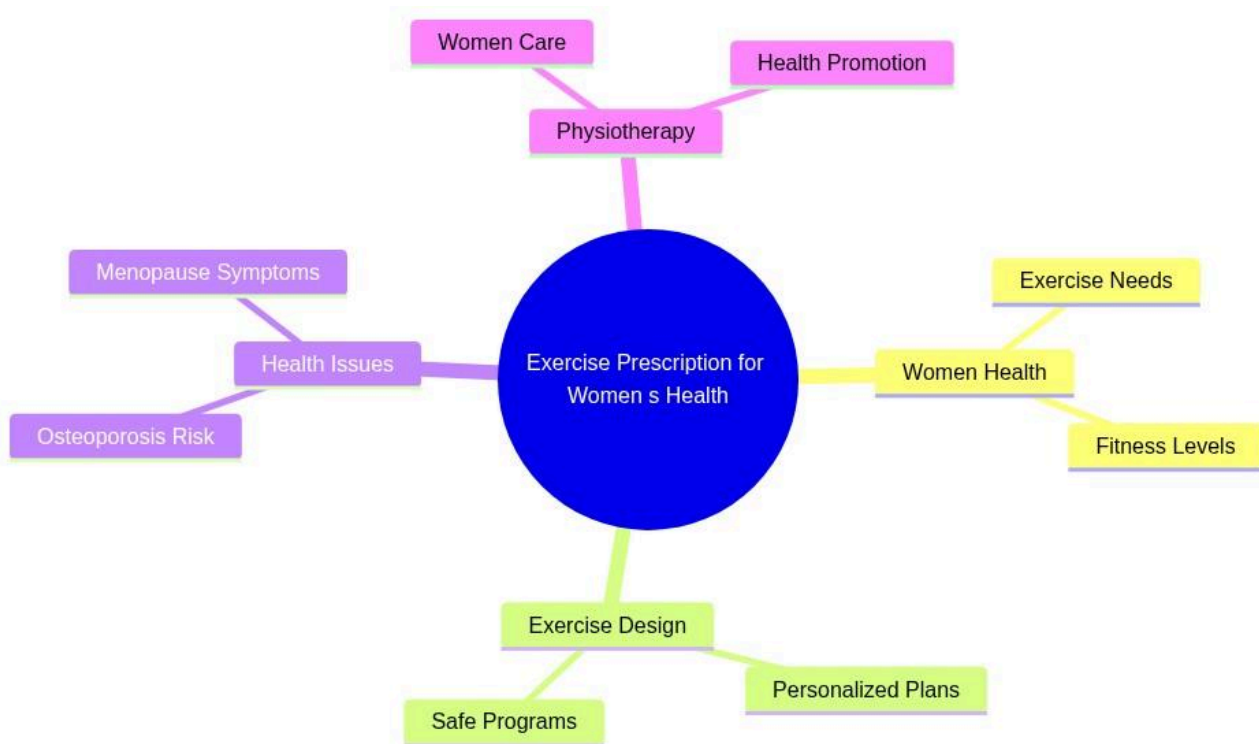


Graduate Certificate in Women's Health Physiotherapy

# Exercise Prescription for Women's Health



mindmap

```

root((Exercise Prescription for Women's Health))
  Women Health
    Exercise Needs
    Fitness Levels
  Exercise Design
    Personalized Plans
    Safe Programs
  Health Issues
    Osteoporosis Risk
    Menopause Symptoms
  Physiotherapy
    Women Care
    Health Promotion
    
```