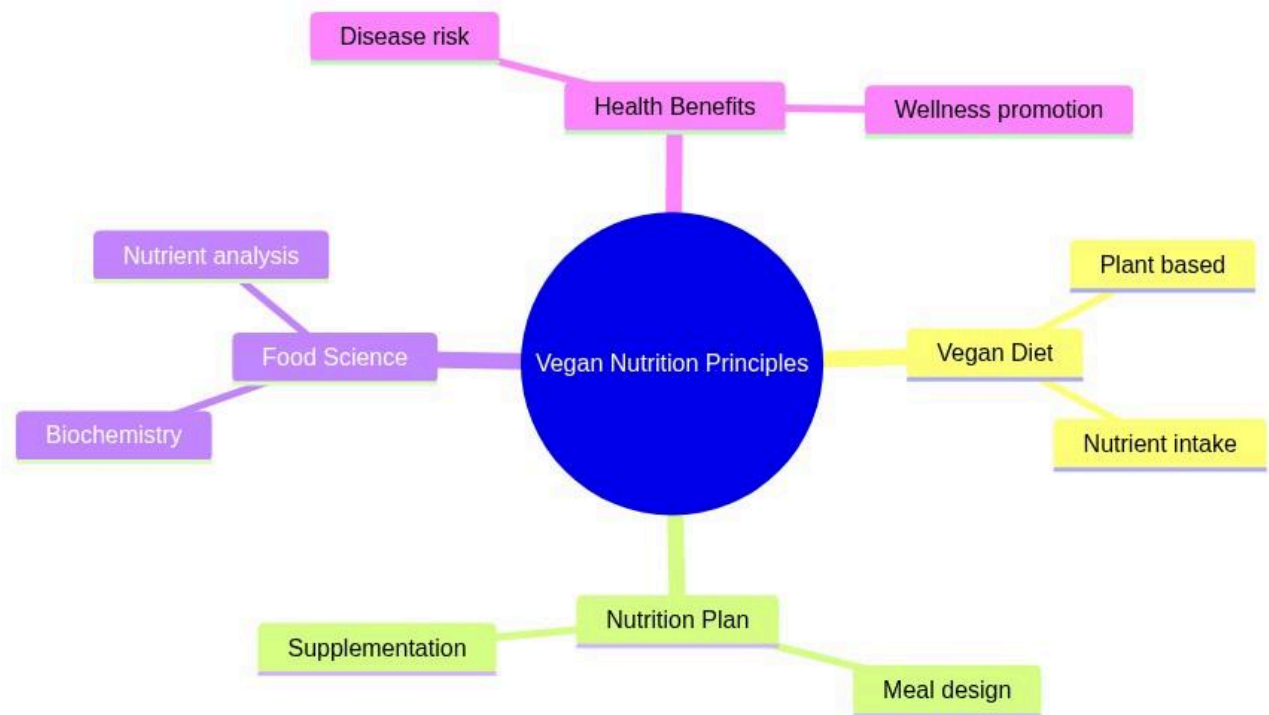


Advanced Certificate in Vegan Nutrition and Food Science (Advanced)

# Vegan Nutrition Principles



mindmap

root((Vegan Nutrition Principles))

Vegan Diet

Plant based

Nutrient intake

Nutrition Plan

Meal design

Supplementation

Food Science

Biochemistry

Nutrient analysis

Health Benefits

Disease risk

Wellness promotion